



Nadim Nassif, Ph.D.

Associate Professor

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Biography

Nadim Nassif has a BA in physical education from the University of Balamand, the FIFA Master in Sport Management, an MPhil in Sport History from DeMontfort University, and a Ph.D. in Sport Sociology from Grenoble-Alpes University. His research interests encompass sport history, coaching, and sport management, mainly in the area of sport governance. He was appointed physical education ambassador by the International Federation of Physical Education and Sports (FIEPS). He is the Director of the NDU Think Tank International Center for Sport Policy & Governance. He created the following global sport indexes: World Ranking of Countries in Elite Sport (WRCES), the World's Fittest Countries Ranking (WFCR) and the World Sport Power Index (WSPI). He is an international coach and instructor in both futsal and mixed martial arts and acts as consultant for the International Mixed Martial Arts Federation (IMMAF).

Peer-reviewed Journals

International

- Nassif, N., & EL-Khoury, J. R. (2023). Media and Women Elite Athletes in the Arab World: Current Status and Perspectives for Developments. *Asian Journal of Sport History & Culture*, 1-15.
- Nassif, N. (2022). The World Sport Power Index: Measuring States' Capacities to use Sport as an Instrument of Soft Power. *Siyasat Arabiya*, Issue 57, Volume 10, 46-57.
- Nassif, N. (2021). Response Article to the paper "Illusions of Unity: The Paradox Between Mega-Sporting Events and Nation Building". *Academia Letters*, Article 382. <https://doi.org/10.20935/AL382>.
- Nassif, N. (2019). Medir el éxito de una política nacional de deporte de élite (Measuring Success of a National Elite Sport Policy). *Revista Española de Educación Física y Deportes (Spanish Journal for Physical Education and Sports)*, (426), 465-473.
- Nassif, N. (2019). ¿ QUÉ FACTORES CONDUCEN A UNA POLÍTICA EXITOSA DE DEPORTES DE ÉLITE? (What Are the Factors Leading to a Successful National Elite Sport Policy?). *Revista Española de Educación Física y Deportes (Spanish Journal for Physical Education and Sports)*, (426), 474-481.
- Nassif, N. (2018). World Ranking of Countries in Elite Sport. *Rivista di Diritto ed Economia dello Sport*, 14(2), 55-75.
- Nassif, N. (2017). Factors Behind Lebanon's Difficulties Achieving Success at the Olympics. *The International Journal of the History of Sport*, 34(13), 1366-1381.
- Nassif, N. (2017) Elite Sport Ranking of the "International Society of Sports Sciences in the Arab World": An accurate Evaluation of all Nations' Performances International Sports Competitions. *Athens Journal of Sport*, Vol.4, N.1.
- Nassif, N., & Amara, M. (2015). Sport, policy and politics in Lebanon. *International Journal of Sport Policy and Politics*, 7(3), 443-455.
- Nassif, N (2014) Corruption in Sport: The Case of Lebanon. *Middle East Law and Governance Journal* 6, pp.123-140.

Peer-reviewed Conference Proceedings

International

- Nassif, N. (2018) Analysis of the factors determining countries performances in elite sport. Proceedings of the International Scientific Congress "Values, Traditions and Innovations of Modern Sport", 18-20 April 2018, Minsk-Belarus: Belarusian State University of Physical Culture editions, pp. 8-9.
- Nassif, N. (2017) Measuring the efficiency of countries elite sport governance systems: the ranking of the International Society of Sport Sciences in the Arab World. Proceedings of the International Session for Educators of Higher Institutes of Physical Education, 25 May- June 1, Olympia-Athens: International Olympic Academy, pp.186-188.
- Nassif, N. (2015) Towards a new ranking methodology for countries in international sport. Proceedings of the 1st International Congress of the International Society of Sport Sciences in the Arab World (I3SAW), "Sport in the Arab World in the 21st century: Global Perspectives and Local Challenges", 2-5 March 2015, Oran-Algeria : I3SAW editions, pp.19-20.
- Khalil, L. and Nassif, N. (2015) Impact of sport activities on student satisfaction and performance: a case study. Proceedings of the 1st International Congress of the International Society of Sport Sciences in the Arab World (I3SAW), "Sport in the Arab World in the 21st century: Global Perspectives and Local Challenges", 2-5 March 2015, Oran-Algeria : I3SAW editions, pp.90-91.
- Nassif, N. (2012) Politique sportive au Liban de 1991 à 2011. Actes du Colloque Enjeux sociopolitiques du sport 18-19 Avril 2011. Hadath-Baabda, Lebanon: Editions de l'Université Antonine, pp.71-76.
- Nassif, N. (2006) Sport in Lebanon from 1920-2004. British Society of Sports History Bulletin. Lancaster: British Society of Sport History, Issue 23.

Chapters in Books

International

- Nassif, N., Raspaud, M. (2023). National Success in Elite Sport: Exploring the Factors that Lead to Success. Palgrave Macmillan, Cham. <https://doi.org/10.1007/978-3-031-38997-9>.
- Nassif, N., Raspaud, M. (2023). Expertise of the NSGBs, NOCs, NSFs, and SAs in Implementing Elite Sport Policies. In: National Success in Elite Sport. Palgrave Macmillan, Cham. https://doi.org/10.1007/978-3-031-38997-9_6.
- Nassif, N., Raspaud, M. (2023). What Are the Factors Leading to Countries' Success in Elite Sport and How Are They Related?. In: National Success in Elite Sport. Palgrave Macmillan, Cham. https://doi.org/10.1007/978-3-031-38997-9_5.
- Nassif, N., Raspaud, M. (2023). Why Do Population and GDP Per Capita not Have an Impact on Countries' Performances in Elite Sport?. In: National Success in Elite Sport. Palgrave Macmillan, Cham. https://doi.org/10.1007/978-3-031-38997-9_4.
- Nassif, N., Raspaud, M. (2023). Correlations Between Sport Results, Population, GDP, Area, and Research Rankings. In: National Success in Elite Sport. Palgrave Macmillan, Cham. https://doi.org/10.1007/978-3-031-38997-9_3.
- Nassif, N., Raspaud, M. (2023). Literature Review on the Analysis of the Factors Behind Countries' Success in Elite Sport. In: National Success in Elite Sport. Palgrave Macmillan, Cham. https://doi.org/10.1007/978-3-031-38997-9_2.
- Nassif, N., Raspaud, M. (2023). Measurement of Countries' Performances and Successes in Elite Sport: The World Ranking of Countries in Elite Sport. In: National Success in Elite Sport. Palgrave Macmillan, Cham. https://doi.org/10.1007/978-3-031-38997-9_1.
- Nassif, N & Keyrouz, K. (2022) Creating a Global Index Measuring Countries' Levels of Fitness: The "World's Fittest Countries Ranking" in the book Physical Education and Sport for Children, Youth and Adults and Healthy Active Living Researches – Best Practices - Situation. Slovakia: International Federation of Physical Education, pp. 265-276.
- Nassif, N (2022) Sport as a Vector to Develop Transparency: The Case of Lebanon in the book International Perspectives on Sport for Sustainable Development. Springer, pp. 225-241.
- Nassif, N (2022) Using Sport as a National Soft Power Strategy: The Case of Mixed Martial Arts in Bahrain in the book Reiche, D., & Brannagan, P. M. (Eds.). Routledge Handbook of Sport in the Middle East. Routledge, pp. 104-114.
- Nassif, N (2021) Participation of Persons with Disabilities in Lebanon in Sports and Physical Activities: Challenges and Perspectives for Development in the book Physical Education and Sport for Children and Youth with Special Needs Researches – Best Practices - Situation. Slovakia: International Federation of Physical Education, pp. 401-410.

- Nassif, N (2020) Physical Education and Sports in Lebanese Universities in the book Physical Education in Universities Researches–Best Practices–Situation. Slovakia: International Federation of Physical Education, pp. 429-436.
- Nassif, N (2019) Developing a National Elite Sport Policy in an Arab Country: The Case of Lebanon in the book Sports, Society, and Politics in the Middle East. Great Britain: Oxford University Press, pp. 139-157.
- Nassif, N and Jacob, C (2012) Sport Governance in the World. A Socio-Historic Approach. France: Le Manuscrit Editions, volume III, pp.91-120.
- Nassif, N (2012) Basketball, Lebanon. Sports around the world. Santa Barbara, California: ABC-CLIO, volume 1, pp.281-282.
- Nassif, N (2012) Ethnicity and Sectarianism in Divided Societies in the Middle East. Santa Barbara, California: ABC-CLIO, volume 1, pp.288-290.

Specialized Reports

Local

- June 2019: Beirut, Lebanon: Presentation on the role of universities in the success of countries in elite sport in a conference organized by the Modern University of Business and Sciences and the Lebanese Physical Culture Federation.
- February 2016: Beirut, Lebanon: Fitness training for the Lebanese Jujitsu Federation training course program.
- January 2016: Beirut, Lebanon: Presentation of the paper "Fitness for Muay Thai" for the Lebanese Muay Thai Federation training course.
- November 2015: Beirut, Lebanon: Presentation of the paper "Round Table on Physical Education and Sports" in the workshop organized by St.Joseph School.
- April 2015: Beirut, Lebanon: Presentation of the paper "Sport Policy and Politics in Lebanon" in the American University of Beirut.
- October 2014: Beirut, Lebanon: Presentation of the report "Lebanon's difficulties to achieve international sport success" in the Health and Sports Seminar organized by the "Beirut Marathon Medical Committee".
- March 2014: Beirut, Lebanon: Presentation of the project "Introducing Physical Education in the School Curriculum" to the Educational Council of Armenian Prelacy.
- August 2012: Baakline, Lebanon: Presentation of the report "Sport and Politics" for a conference organized by the NGO Initiatives of Change (IofC) with the support of the Forum Civil of Peace Service.
- September 2011: Beirut, Lebanon: Presentation of the project "The impact of School Sport in the Development of Sport in Lebanon" for the NGO Cross Cultures Project Association.
- May 2011: Beirut, Lebanon: Presentation of the paper "The Lebanese Sport Policy from 1991 to 2011" in the American University of Beirut.
- February 2006: Beirut, Lebanon: Presentation to the Lebanese Ministry of Youth and Sport of a project called "Perspectives to develop Lebanese Sport".

Regional

- September 2017: Beirut, Lebanon: Presentation on the report on "the Factors behind Lebanon's difficulties to win medals in the Olympics" in a session on "professional sports" organized by the "Arab Union of Physical Education and School Sport".
- August 2017: Beirut, Lebanon: Seminar on fitness for the Asian Football Confederation Football Coaching Diploma level B.
- March 2013: Mersin, Turkey: Participation in the 14th Mediterranean Research Meeting. Presentation of a paper called: "The Interference of Politics in Lebanese Sport Policy".
- January 2013: Beirut, Lebanon: Presentation of the project "Development of Futsal in Lebanon" for the Asian Football Confederation (AFC) assessment visit in Lebanon.
- April 2011: Athens, Greece: Participation in the ATINER (Athens Institute for Education and Research) Conference. Presentation of a paper called: "The Lebanese Sport Policy in 2011".
- July 2011: Beirut, Lebanon: Presentation of the report "Fitness for Futsal" for the Asian Football Confederation.

International

- August 2023: Contribution for a report on African sport for the African Summit of Education through sport (organized under the patronage of UNESCO).
- April 2022: Presentation of a research entitled "Global analysis of gender-based disparities in media coverage of elite sport" in a webinar organized by the advocacy group "WomenSport International".
- October 2021: Cairo, Egypt: Keynote speaker in the 1st International Congress of Sport Science & Technology. Presentation of the paper "World Ranking of Countries in Elite Sport".
- October 2021: Ontario, Canada: Presentation of the paper "Measuring the Impact of Olympics' Success on Countries Overall Performance in Elite Sport" in the 15th International Symposium for Olympic and Paralympic Research.
- December 2020: Doha, Qatar: Writing of a blog entitled "How Powerful has Qatar become in Elite Sport?" in the "Center for International and Regional Studies (CIRS)" of Georgetown University Qatar.
- May 2020: Guest speaker in the online seminar "The implications of COVID-19 on the global politics of sports".
- October 2019: Tokyo, Japan: Presentation of the paper "Fitness Fundamentals for Mixed Martial Arts" in the 2019 Global Coach Conference organized by the International Council for Coaching Excellence.
- April 2019: Al Jadida, Morocco: Presentation of the paper "What does it take for a country to win in sport?" in the 3rd International Congress of the International Society of Sport Sciences in the Arab World.
- September 2018: Durban, South Africa: Presentation of the World Ranking of Countries in Elite Sport in the 1st Association of Sports Performance Centers (ASPC) African Forum.
- June 2018: Paris, France: Presentation of the paper "Classer la performance des nations dans le sport d'élite" in the Conference "Jeux Olympiques: Etat de la Recherche" organized by the University Paris-Est.
- May 2018: Lausanne, Switzerland: Presentation on the Lebanese Sport System in the Institute of Sports Sciences in Lausanne University.
- May 2018: Lausanne, Switzerland: Presentation of the World Ranking of Countries in Elite Sport in the Institute of Sports Sciences in Lausanne University.
- November 2017: Manama, Bahrain: Presentation on the fundamentals of fitness for Mixed Martial Arts for the International Mixed Martial Arts Federation (IMMAF).
- August 2017: Liverpool, Great Britain: Presentation of the paper "Fitness Coaching for an elite futsal team" in the 2017 Global Coach Conference organized by the International Council for Coaching Excellence.
- June 2016: Massachusetts, United States of America: Presentation of the paper "Analysis of the elite sport policy in Lebanon" in the workshop "The Arab Countries and the Olympic Games" organized by the Fares Center for Eastern Mediterranean Studies at Tufts University.
- May 2016: Port of Spain, Trinidad and Tobago: Participation in the Sport Studies and Higher Education Conference 2016 organized by the University of the West Indies. Presentation of a paper called: "International Society of Sport Sciences in the Arab World elite sport ranking".
- January 2014: Port of Spain, Trinidad and Tobago: Participation in the Sport Studies and Higher Education Conference 2014 organized by the University of the West Indies. Presentation of a paper called: "Sport, Policy and Politics in Lebanon".
- January 2014: Alger, Algeria: Participation in the first international colloquium organized by the Social Sciences Sport laboratory of the Higher School of Sport Science and Technology. Presentation of a paper called: "The Influence of Politics in the Lebanese National Sport System".
- July 2010: Barcelona, Spain: Participation in the WOCMES (World Congress for Middle Eastern Studies) Conference. Presentation of a paper called: "Sport in Lebanon from 1991 to 2010: Interference of Politics and Absence of Policy".

Exhibitions, Competitions and Creative Work

Local

- NDU futsal team assistant and fitness coach since January 2014. 1st place in the 2018 Lebanese University Sport League.
- Notre Dame Louaize futsal club assistant and fitness coach since September 2014: 2nd place in the Lebanese Futsal 1st division championship season 2017-2018 . Lebanese Futsal 2nd division champion season 2016-2017 (promotion to 1st division). Finalist of the Lebanese Futsal Cup season 2016-2017.
- Jamhour futsal club coach-player Lebanese 2nd division champion season 2011-2012 (promotion to 1st division).

Regional

- Lebanese men, women and Under 21 men national futsal teams assistant and fitness coach: Quarterfinalist of the 2017 Asian under 20 cup and 2018 Asian Cup.

International

- Coach and Head of delegation of the Lebanese youth MMA national team in the 2019 IMMAF youth world championship. Winning of two bronze medals.
- Coach and Head of delegation of the Lebanese National Team since November 2018. One gold and two bronze medals in the 2018 IMMAF World Championship.

Esteemed Indicators

- Since May 2023: Member of the French Think Tank "Observatoire du Sport Business".
- Since November 2022: Member of the International Federation of Physical Education and Sports (FIEPS) Sports Management Committee.
- Since June 2022: Member of the Asia Federation of Physical Education and Sport.
- Since January 2022: Member of the Education, Research and Development of the Lebanese University Sport Federation.
- Since November 2021: Official representative from NDU in the Lebanese University Sport Federation.
- Since April 2021: Member of the "Compliance and Governance" group of the FIFA Master Alumni.
- Since April 2021: Member of the "PhD Projects" group of the FIFA Master Alumni.
- Since April 2021: Member of the International Federation of Physical Education and Sports (FIEPS) World Special Committee for Interinstitutional Cooperation and Partnership.
- Since December 2020: Treasurer of the Lebanese Mixed Martial Arts Federation.
- Since December 2020: Consultant for the Lebanese Parliamentary Youth and Sports Committee for the regularization of the Health Clubs in Lebanon.
- Since July 2020: Member of NDU sports club.
- Since May 2020: International Federation of Physical Education National Delegate for Lebanon.
- Since August 2018: Member of the Athens Journal of Sports editorial board.
- Since November 2017: Founding member of the Lebanese Sport Scholar Network.
- Since September 2017: Member of NDU Lebanese Dialogue Initiative.
- Since August 2017: Member of the Association of Sport Performance Centers.
- Since October 2016: Member of the International Council for Coaching Excellence.
- Since October 2015: Member of NDU Department of Psychology, Education and Physical Education Course Academic Activities Committee.
- Since December 2014: Consultant for the IMMAF (International Mixed Martial Arts Federation).
- Since March 2014: Member of NDU Department of Psychology, Education and Physical Education Course Learning Outcomes Committee.
- Since October 2013: Member of NDU Department of Psychology, Education and Physical Education Personnel Committee.
- Since October 2013: Member in the Athens Institute for Education and Research.
- Since October 2012: Administrative Assistant for the History of Sports in the Arab World Thematic in the International Society of Sport Sciences in the Arab World.
- Since October 2011: Communication Deputy for the International Society for Sport Sciences in the Arab World.
- From March 2017 to November 2020: Consultant for the Free Fight Committee of the Lebanese Wushu Federation.
- From December 2015 to January 2017: Consultant for the Lebanese Muay Thai Federation.
- From December 2013 to December 2014: IMMAF (International Mixed Martial Arts Federation) representative in Lebanon.
- From October 2013 to October 2014: Member of NDU Department of Education, Psychology and Physical Education Curriculum Committee.
- From January 2013 to August 2014: Development officer for the Lebanese Futsal Committee.
- From January 2013 to December 2013: Member of the FILA (Fédération des Lutttes Associées – International Wrestling Federation) World Grappling and Pankration Committee.
- From March 2012 to December 2013: FILA representative in Lebanon for the sports of Grappling, Pankration and MMA.

- From October 2012 to October 2013: Member of NDU Department of Education, Translation and English Curriculum Committee.
- From October 2009 to October 2012: Chair of NDU Physical Education and Sports Promotion Committee.
- From November 2007 to July 2010: General Secretary of the Lebanese Mixed Martial Arts Committee.
- From August to October 2009: Consultant for the Lebanese Judo Federation for the organization of the 2009 Francophone Games in Beirut.
- October 2002: Consultant for the Lebanese Rugby League Foundation.

CV

<https://www.ndu.edu.lb/Library/Assets/Files/Documents/NDUFacultyProfiles/NDUFacultyCVs/Nadim%20Nassif.pdf>